



Garden of Eat'n & CATERING

STARTERS

Soup	Cup \$3.95	Bowl \$6.95
Ask your waiter		
Chili	Cup \$3.95	Bowl \$6.95
Tri Tip Chili • Vegetable Chili		
Hummus Plate	Small \$5.95	Large \$9.95
Served with Pita Chips, Olives and Cucumbers.		
Cheese & Fruit Plate	\$8.95	

QUICHE SLICE

Served with Side Salad

Kale, Caramelized Onion & Cheddar Cheese	\$10.95
Apples, Bleu Cheese, Caramelized Onions	\$10.95
Bacon, Kale, and Sundried Tomatoes	\$10.95
Jalapeno, Onion, Pepper Jack Cheese	\$10.95
Chicken Pot Pie	\$ 8.95

SANDWICHES & PANINI'S

Sourdough • 12 Grain • Ciabata • Spinach Wrap • Gluten-Free Bread (+\$1)
Served with chips; Add Cheese or Avocado, for only \$1 more

Albacore Tuna	\$8.95
With Celery, Cucumber, Tomato, and spicy Mayo	
Albacore Tuna Melt	\$9.95
With Bacon, Cheddar, Avocado and Spicy Mayo	
Roasted Turkey Breast	\$9.95
With Lettuce, Tomato and Cranberry Pesto Spread	
Hot Turkey	\$10.95
With Mashed Potato, Peas, Au Jus, Sour Dough	
Eggplant Extravaganza	\$9.95
With Zucchini, Provolone, Sundried Tomatoes, Artichoke, Spinach Spread	
Roasted Chicken Breast	\$9.95
With Toasted Brie, Green Apples & Spicy Mayo	
Egg Salad	\$7.95
With Lettuce, Tomato & Spicy Mayo	
Tri Tip	\$11.95
With Baby Greens, Tomato and Spicy Mayo	
Hummus	\$7.95
With Cucumbers, Avocado, Carrots and Sunflower seeds	
Cheese on Cheese	\$7.95
Colby Jack, Provolone & Green Apples with Spicy Mayo	

**NO HORMONES
NO GMO'S**

SALADS

Roasted Chicken & Kale	\$9.95
Chopped Chicken Breast, Kale, Romaine, Avocado, Jicama, Carrots & Sunflower Seeds Served with Arugula Dressing	
Tuna Salad	\$9.95
Baby Greens, Avocado, Cucumber, Carrots with Arugula Dressing	
Spinach Salad	\$8.95
Seasonal Fruit (Apple or Strawberry) Avocado, Bacon, Bleu Cheese and Sunflower Seeds Served in a Strawberry Vinaigrette. Add Boiled Egg \$2	
Thai Chicken	\$8.95
Romaine, Chicken, Cucumbers, Carrots, Scallions, Pasta & Peanuts Tossed in a Light Peanut Dressing	
Vegetarian Salad	\$7.95
Romaine, Cucumber, Garbanzo Beans, Tomatoes & Avocado tossed with Arugula Dressing	
Lynne's Favorite	\$11.95
Tri-Tip or Chicken, Bleu Cheese, Apples or Strawberries (seasonal) Avocado, & Candied Pecans tossed in Strawberry Vinaigrette	

VEGETARIAN

Thai Yellow Curry	\$10.95	V, Vegan, GF
Squash, Carrots, Potatoes, Red Onion, Ginger; Fresh Basil in a Creamy Curried Coconut sauce over Brown Rice		
Grilled Seasonal Vegetables	\$10.95	V, GF
Broccoli, Eggplant, Zucchini, Grilled Onions, Squash and Tomatoes over Brown Rice & Quinoa and Drizzled with Homemade Pesto		
Eggplant Lasagna	\$10.95	V
Baked Eggplant Layered with Zucchini, Kale, Mozzarella & Parmesan		
Sweet Potato Smash	\$12.95	V, Vegan, GF
Sweet Potato, Caramelized Onion & Crispy Brussels Sprouts		
Zucchini Imposter	\$10.95	V, Vegan, GF
Spinalized Zucchini, Sauteed Kale, Arugula, Onion & Tomato		
Butternut Squash Stew	\$6.95 Bowl	\$3.95 Cup V, Vegan, GF
Cabbage, Lentils & Cauliflower		

CREPES

SAVORY	
Spinach, Goat Cheese and Mushrooms	\$6.95
Spinach, Sundried Tomato, Bacon	\$6.95
Chicken or Turkey, Provolone & Pesto	\$6.95
Peanut Butter and Jam	\$5.00
SWEET	
Nutella and Strawberries or Banana	\$6.95
Strawberries or Bananas & Cream	\$6.95
Apples and Cinnamon	\$6.95
Chocolate	\$5.95
Grand Marnier & Chocolate	\$7.95

FRESH JUICES & SMOOTHIES

Add Protein Powder for only \$1 (Chocolate or Vanilla)

Cloud 9	QuickSilver
Mango, Strawberries, Banana, OJ	Almond Milk, Strawberries, Flax Seed Powder
Something Like V8	Discovery
Tomato, Spinach, Parsley, Kale, Carrot, Celery, Lemon	Strawberries, Bananas, Orange or Apple Juice
Broadway	Mango-Cucumber Salsa
Pineapple, Mango, Banana, OJ	Mango, Cucumber, Cilantro, Lime
Panorama	Goldhill
Blueberry, Banana, Apple Juice	Carrot & Orange Juice
Climax	Wazoo
Organic Peanut Butter, Natural Almond Milk, Chocolate, Banana	Apple Juice, Banana, Greens

Fresh Squeezed Lemonade	\$2.00
Tea, Coffee, Hot Chocolate	\$2.00